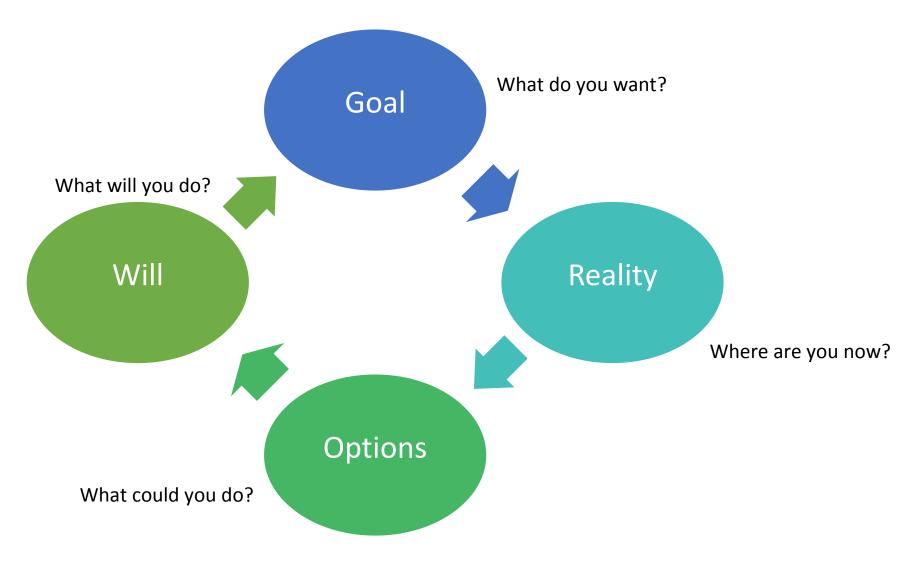


## The GROW Coaching Model



John Withmore 1980

Hospice UK Resilience Programme 2016