Driving Innovation and Quality
Being a Research Active Hospice

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Being research active means that hospices use the right evidence, in the right way, at the right time to plan, deliver and evaluate care.

It is also concerned with the generation and development of new knowledge, evidence and research questions to make a difference to people’s lives.
Research is good for patients

A growing body of evidence is now demonstrating that research-active hospitals have better patient outcomes.

- The care of patients in a trial is better
- The care of other patients is better

The Care Quality Commission (CQC) ‘Well-Led’ framework, assesses support for opportunities for patients to join cutting-edge research projects and clinical trials. (in hospitals)
Vision and Mission for Research

LOROS will be a centre of excellence for applied research in palliative care, generating new knowledge and driving its translation into effective and empathic personalised care with patients, families and professionals.

Our ambition is to be at the forefront of hospice research in the UK. Undertaking work that improves care, is of local importance and has national and international impact.
Centre of Excellence

An integrated approach of care, learning and leadership.

- Knowledge generation
- Knowledge translation
  - Workforce development
  - Advocacy
- Impact
- Improved care
Strands of Work

- Defining what research we want to do and what difference it will make
- Developing programmes of research, including linking with external researchers
- Developing staff and the culture of the organisation
  - openness to research activity and researchers coming to LOROS
  - willingness to participate in research themselves
  - facilitation of research participation of patient and carers
  - skills, confidence and support to undertake research projects
- Using the findings to influence practice
Research Active Hospice
Level 1
Awareness of Research
Website and Newsletter

Thinking Ahead
Exploring and understanding experiences and decisions in end of life care planning with patients and families from Black, Asian and Minority Ethnic backgrounds.

RESEARCH AT LOROS
Anticipatory prescribing

In this study we aimed to identify and explore in one to one interviews and focus groups the issues that arise for community health care professionals in relation to the prescribing of subcutaneous midazolam and dexamethasone for dying patients in advance of their actual requirement.

Funder: Primary Care Research Network

Objectives:
- To begin to identify and understand the potential blocks to and facilitators of the implementation of pre-emptive prescribing as routine care
- To gain insight into practical considerations with specific reference to professional perspectives of patient safety
- To understand concerns and limitations related to pre-emptive prescribing across the wider end of life care spectrum
Research & Education

- Evidence Based Practice Module for the Foundation degree
- Cup O’ Learning & A Slice O’ Cake lunchtime learning sessions
- Good Clinical Practice sessions
- Consent Training
- Academic Research Days
- Study Days
- Presentation of Findings
- Annual Lecture
Staff Engagement

Staff Survey seeking views on things such as:

• What could help to support them to become more research active

• What could help them to better understand the importance of a research culture at LOROS

• What barriers currently exist

Staff were encouraged and supported to undertake research and act as education facilitators to share best practice and ensure the best possible outcomes for people with life-limiting conditions and those closest to them.
Level 2: Engagement
Patient & Family/PPI Engagement in Research

- Funding for PPI
- LOROS PPI research consultee group
- Lay Representatives: all projects and Research Committee
- Posters on display at the hospice, to enable patients/carers to share in research findings
- Patient leaflets about research available at information points in the Hospice
- Digital display boards which convey important research updates
- Annual Lecture open to public
- MND research newsletter
Level 3
Generating & Leading Research

LOROS

Research Team
- Lead - Professor Christina Faull
- Dr Zoobia Islam, Honorary Lecturer
- Research Manager, Research Nurses & Administrator

Education Team
- Lead - Kerry Blankley
- Medical Student Lead - Dr Barbara Powell

University of Leicester

Department of Health Sciences
- MAPP Research Group
  - Lead - Professor Simon Conroy, Professor of Geriatrics
  - Dr Chris Williams, NIHR Clinical Lecturer in General Practice & Medical School Senior GP Educator

Posts to be appointed within Health Sciences
Research themes

Personalized care: Communication and decision-making (C)
  C1: Supporting people from diverse ethnic backgrounds
  C2: Communication and decision-making

Symptom Management in advanced disease (B)
  B1: Assisted ventilation and end of life
  B2: Anxiety management in advanced physical illness

Palliative care for older people (A)
  A1: Personalised care for deteriorating care home residents
  A2: Supporting family carers
Research at LOROS:
Activity and Achievements 2020-2021

- 12 University Collaborations
- 5 Conference Presentations
- 86 Research Participants Recruited
- 6 Grants Applications

- 11 Research Studies
- 8 Focused People, 1 Excellent Team
- £226,558 Research Income
- 5 Journal Publications

- 127 Participants Screened
- 1 Annual Lecture
  ‘A Good Death in Dementia’
- 24 Patient and Public Involvement
- 8 Partnerships