

Driving Innovation and Quality

Being a Research Active Hospice

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LOROS

Hospice Care for Leicester, Leicestershire & Rutland

Being research active means that hospices use the right evidence, in the right way, at the right time to plan, deliver and evaluate care.

It is also concerned with the generation and development of new knowledge, evidence and research questions to make a difference to people's lives.



The slide thumbnail features a white header with three logos: 'HELP THE HOSPICES COMMISSION' with the tagline 'into the future of hospice care', the 'International Observatory on End of Life Care' logo, and 'LANCASTER UNIVERSITY' with its red stylized logo. The main body of the slide is purple and contains the text 'Research in palliative care: can hospices afford not to be involved?' in a mix of green and white fonts. At the bottom, a dark purple footer contains the text 'A report for the Commission into the Future of Hospice Care' and a navigation bar with icons for back, forward, and search, along with the page number '1 / 42'.

HELP THE HOSPICES COMMISSION
into the future of hospice care

International Observatory on End of Life Care

LANCASTER UNIVERSITY

Research in palliative care:
can hospices afford not
to be involved?

A report for the Commission into the Future of Hospice Care

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Research is good for patients

A growing body of evidence is now demonstrating that research-active hospitals have better patient outcomes.

- The care of patients in a trial is better
- The care of other patients is better

The Care Quality Commission (CQC) 'Well-Led' framework, assesses support for opportunities for patients to join cutting-edge research projects and clinical trials. (in hospitals)



Vision and Mission for Research

*LOROS will be a centre of excellence for applied research in palliative care, **generating new knowledge** and driving its **translation** into effective and empathic personalised care with patients, families and professionals.*

*Our ambition is to be at the forefront of hospice research in the UK. Undertaking work that **improves care**, is of local importance and has national and international **impact**.*



Centre of Excellence

An integrated approach of care, learning and leadership.

- Knowledge generation
- Knowledge translation
 - ❖ Workforce development
 - ❖ Advocacy
- Impact
- Improved care



Strands of Work

- Defining what research we want to do and what difference it will make
- Developing programmes of research, including linking with external researchers
- Developing staff and the culture of the organisation
 - openness to research activity and researchers coming to LOROS
 - willingness to participate in research themselves
 - facilitation of research participation of patient and carers
 - skills, confidence and support to undertake research projects
- Using the findings to influence practice



Research Active Hospice Level 1 Awareness of Research



Website and Newsletter



LOROS
Hospice Care for Leicester, Leicestershire & Rutland

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Thinking Ahead

Exploring and understanding experiences and decisions in end of life care planning with patients and families from Black, Asian and Minority Ethnic backgrounds.

RESEARCH AT LOROS

Anticipatory prescribing

In this study we aimed to identify and explore in one to one interviews and focus groups the issues that arise for community health care professionals in relation to the provision of subcutaneous midazolam and diamorphine for dying patients in advance of their actual requirement.

Funder: Primary Care Research Network

Objectives

- To begin to identify and understand the potential blocks to and facilitators of the implementation of pre-emptive prescribing as routine care
- To gain insight into practical considerations with specific reference to professionals' perceptions of patient safety
- To understand concerns and enthusiasms related to pre-emptive prescribing across the spectrum of health care disciplines

Find out more about our research at LOROS

Working collaboratively with patients and carers and with research teams from many universities and NHS organisations, locally and nationally, we focus on four research themes:

- Innovation in palliative care services
- Diversity and disadvantage
- Education and communication skills
- Decision making around the end of life

[Find out more](#)

Research & Education

- Evidence Based Practice Module for the Foundation degree
- Cup O' Learning & A Slice O' Cake lunchtime learning sessions
- Good Clinical Practice sessions
- Consent Training
- Academic Research Days
- Study Days
- Presentation of Findings
- Annual Lecture



Short Course

LOROS
Lancashire Oncology Research & Education Society

Evidence Based Practice

A course aimed at staff working in health and social care

Available as 20 credits towards the Foundation Degree in Health and Social Care (Palliative and Supportive Care) or can be taken as Continuing professional development.

Content:

- Understanding evidence based practice
- Identifying problems that can occur
- Developing techniques for gathering information
- Basic evaluation of the existing evidence base
- Exploring ethics
- Presenting information to others
- Confidentiality and consent

Suitable for:
staff working across health and social care.

Venue:
LOROS, Groby Road, Leicester, LE3 9QE

Time and dates:
9th January – 13th March 2014
Thursday's 9.30am - 12.30pm

Cost: £600

e-mail us:
education@loros.co.uk

visit our website:
www.loros.co.uk
or call our booking line
0116 231 8455

follow us on...

Excellence in Care through Education

Good Clinical Practice
Free session open to all hospice staff

Friday 28th February
9:30 - 11:30am, PC1, LOROS

Session to be facilitated by:
Julie James, Clinical Trials Monitor & Trainer, UHL

Good Clinical Practice (GCP) is an international ethical and scientific standard for the design, conduct and record of research involving humans.

Are you:

- Thinking about doing research?
- Likely to be involved in recruiting and consenting research participants?
- Involved in research?
- Keen to understand more about research governance and quality standards?

Places on this session are limited, so if you would like to book please contact Idaliza Garner on ext. 8498 or email: idalizagarner@loros.co.uk

If you would like to discuss whether this session is relevant to you, please contact Professor Christina Faulk

LOROS Education & Research
Lancashire Oncology Research & Education Society

A Beginners Guide to Research

Overview
A study day aimed at anyone with an interest in understanding the basic principles of research and how it is used to inform practice.

Suitable For
Staff and students working across health and social care
Anyone with an interest in research

To apply please contact us on 0116 231 8455 or education@loros.co.uk

Details of all LOROS courses can be found on loros.co.uk

The Do's & Don'ts of Gaining Consent for Research Projects

Wednesday 26th June 2013
10:00am – 12:00pm in PC2 at LOROS

Session Objectives:

- What is Informed Consent?
- Why do we need Informed Consent?
- How do we obtain Informed Consent?
- What are the implications of not gaining Informed Consent?

An interesting and interactive session which looks at all aspects of informed consent: open to all staff who are involved in taking consent for research purposes.

To book a place please email: idalizagarner@loros.co.uk

A Cup O' Learning & A Slice O' Cake

Join us for the first in a series of **NEW** lunchtime sessions, open to all staff and offering you the opportunity to:

- Learn more about what is happening within research
- Hear about project findings and recommendations
- Meet the staff who are involved in research and evaluation
- Ask the questions you have about research projects at LOROS

Monday 10th February 2014
12:00 - 1:00pm
PC1, LOROS

The first of these will be presented by Sheila Markham, and offer more information about the achievements of the 2nd 1-2013 Broadening Horizons project.

Sessions are free to attend, and open to all staff (cake will be provided)

To reserve a place, please email: PaigeMurney@loros.co.uk or phone extension: 8455

Staff Engagement

Staff Survey seeking views on things such as:

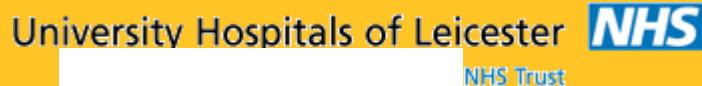
- What could help to support them to become more research active
- What could help them to better understand the importance of a research culture at LOROS
- What barriers currently exist



Staff were encouraged and supported to undertake research and act as education facilitators to share best practice and ensure the best possible outcomes for people with life-limiting conditions and those closest to them.



Level 2: Engagement



Patient & Family/PPI Engagement in Research



As well as delivering end of life care, we have a very active research team whose work helps improve the care of patients nationally. We work closely with patients and communities to ensure they are represented in all our studies. [@DrZoebia](#) [@cmfaull](#)



269 people
participated in research studies
at LOROS last year

Twitter
[@cmfaull](#)
[@LOROSHospice](#)

Annual LOROS Lecture

PATIENTS AND RESEARCHERS IN PARTNERSHIP

Please join us for what promises to be a very insightful and inspiring evening.



Leslie Turner has a background in law and has lived with breast cancer since 2005. She is a lay member of several national research groups and consumer forums. She is a Member of Breast Cancer Now's Tissue Bank Advisory Council and Grant Committee. She is involved in numerous studies including a trials of mindfulness and of cognitive behavioural therapy for women with breast cancer.



Annie Young has recently retired from Warwick University where she was Professor of Nursing. She specialised in cancer nursing and has particular interests in blood clots related to cancer and in the rehabilitation and symptom management of patients treated with chemotherapy.

Please book
your space,
on this
FREE Event

26th April 2018

Light refreshments 5.30pm
Lecture 6-7pm

To register please contact the Research Department

☎ (0116) 231 8498
✉ research@loros.co.uk

loros.co.uk/research
Registered Charity No: 506120



- Funding for PPI
- LOROS PPI research consultee group
- Lay Representatives: all projects and Research Committee
- Posters on display at the hospice, to enable patients/carers to share in research findings
- Patient leaflets about research available at information points in the Hospice
- Digital display boards which convey important research updates
- Annual Lecture open to public
- MND research newsletter



Level 3

Generating & Leading Research



Research themes

Personalized care: Communication and decision-making (C)

C1: Supporting people from diverse ethnic backgrounds

C2: Communication and decision-making

Symptom Management in advanced disease (B)

B1: Assisted ventilation and end of life

B2: Anxiety management in advanced physical illness

Palliative care for older people (A)

A1: Personalised care for deteriorating care home residents

A2: Supporting family carers



Research at LOROS:

Activity and Achievements 2020-2021



12 University Collaborations



5 Conference Presentations



86 Research Participants Recruited



6 Grants Applications



11 Research Studies



8 Focused People, 1 Excellent Team



£226,558 Research Income



5 Journal Publications



127 Participants Screened



1 Annual Lecture
'A Good Death in Dementia'



24 Patient and Public Involvement



8 Partnerships

